

ARIZONA COMBAT SPORTS - CLASS SCHEDULE 2016

525 S McClintock Dr #103, Tempe, AZ 85281 | (480)517-1960 | info@azcombatsports.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00am 8:00am 9:00am	- Private Training -		– Private Training –			
10:00am	BJJ Private Training	Private Training		Private Training	Private Training	
11:00am			BJJ Private Training			_
12:00pm	Submission Wrestling / No-Gi	Submission Wrestling / No-Gi	Submission Wrestling / No-Gi	Submission Wrestling / No-Gi	Submission Wrestling / No-Gi	Open Gym
1:00pm	Muay Thai / Kickboxing	Muay Thai / Kickboxing	Muay Thai / Kickboxing	Muay Thai / Kickboxing	Muay Thai / Kickboxing	
2:00pm 3:00pm	- Private Training -	Private Training	– Private Training –	- Private Training -	– Private Training –	
4:30pm	- Kid's BJJ -	- Kid's BJJ -	– Kid's BJJ –	- Kid's BJJ -		
5:30pm	Submission Muay Thai / Wrestling Kickboxing	Submission Wrestling Kickboxing	Submission Wrestling Kickboxing	Submission Muay Thai / Wrestling Kickboxing	Submission Wrestling Kickboxing	
6:30pm	BJJ MMA Advanced	BJJ MMA Advanced	BJJ MMA Advanced	- BJJ MMA Advanced	- MMA Advanced	
7:30pm	Fighters	Fighters	Fighters	Fighters Wrestling	Fighters	
8:30pm						